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### **Foreword**

There's a particular beauty in being a lone wolf. You've more time to do the things you wish to do, like take walks, read books, compose poetry and other solo endeavors. If you wish to broaden your options, however, there are always virtually billions of likely friends in the world. What's more, a lot of these individuals wish to make friends just as much as you do. So think about these suggestions to meet individuals and form strong, lasting friendships.



Friends Forever

Developing And Keeping Positive Friends For The Long Term

### Chapter 1:

Are You Actually Prepared for Additional Companions?

### **Synopsis**

Friendship provides a great deal, but at the same time it also requires a couple of things from you.



# Are You Actually Prepared for Additional Companions

Each individual that thinks of making additional companions must first of all discover the answer to this question. If you're thinking you truly need additional individuals to spend time with, you've got to think about whether or not you will be able to afford to be with them. There are several matters that might not make things contributory for you. These are some of the aspects you've got to truly think over first.

# Will you be capable of spending time with these individuals?

The primary and the most significant investment you've got to give in any friendly relationship is time. You've got to be there to begin and foster the relationship. Your line of work or other matters may run on automation, friendly relationships and kinships do not. If your existing agenda doesn't allow you time to even consume two suitable meals daily, how would you construct a friendly relationship? In such an instance, you've got to free up some time first.

#### Is your personality prepared?

Yes, you've got to get yourself ready, or rather, you've got to ready up the individual you are so that you'll be able to acquire more friendly relationships. Now what exactly does that imply? In a few instances, your mind is prepared to make acquaintances, but your personality is not. You might possibly bear a few traits which has caused you to lose some friendly relationships in the past. Perhaps you're excessively pushy or excessively complacent. Perhaps you were not concerned

about it. You've got to solve these problems first. You've got to make certain that the issues that crept in your prior friendly relationships do not do the same in your new ones.

#### Is your mind prepared?

If you would like to build new friendships, you've got to be mentally ready. You've got to be prepared to feel joy, care and be cared for, as well as feel emotional. You've got to be prepared to open up your mind. If you've got a secret, you'll likely have to tell it to your friend one of these days. Are you mentally ready for all of that? Make certain you're prepared prior to admitting new people to enter into your minds space.

#### Are you prepared for the dedication?

All right, these aren't romantic relationships, but even friendly relationships require some sort of dedication, which is just as solid as the romantic ones. You've got to commit to be there for your friend. You've got to be as good a friend to them as you expect them to be there for you. You've got to make perfectly sure you'll do what it requires to continue your friendships.

### Chapter 2:

Where to Search for Companions Appropriate to Your Desires

### **Synopsis**

Birds of a feather flock together. Friends do also. If you are able to discover individuals with the same interests to be with, you're certain to be with these individuals for a long time.



#### Where To Search

God may come to you in whatever form at whatsoever time. We do not recognize when or how he arrives. This example is the same with companions. Friends are surrounding us constantly; we merely do not recognize who they are. Many times, we lose possible friendly relationships simply because we're excessively preoccupied with ourselves. Some of the times, we don't even journey out to discover where these possible acquaintances are.

The reality is, companions are all over. They're meeting you all the time but there are a few reservations that are keeping you from becoming closer to them. Since now you've chosen to discover long lasting companions, you may really set out to search for them. Where do you discover them then? All over, yes, but where precisely?

Let's discover how simple it is to find the friends you're searching for.

#### Join a Society or a Class

So your occupied agenda doesn't admit for you to meet additional individuals apart from those that are working with you? Well, then utilize your weekends to the limit. Join a society or a class for a subject that truly matters to you.

Interested in French? Maybe you would begin a French class. Do you enjoy tennis? Join a club and play tennis there. It may be anything you choose; there is constantly a club or a class for it. Individuals of all kinds are discovered in such places and because you're doing

something together, the atmosphere is really contributory to friendly relationships.

The most beneficial part of discovering companions using these avenues is that these individuals are likewise interested in the same matters as you're interested in. So you already have something to discuss if a chance for conversation posed itself. If you're in a culinary class, you're going to begin discussing cooking with other people. This breaks the ice and gradually the conversation may curve toward other matters.

The instructors or coaches in these places are already trained on how to nurture friendly relationships. They even do this from a business point of view. They're told that if they help individuals feel comfier in the class or the club, they're more plausible to bring other individuals to join. Therefore, they make certain everybody gets to know one another

#### **Be Active in the Community Church**

Nobody asks you questions concerning why you're doing things for the church. As a matter of fact, it's looked on as a very honorable thing. And the great bonus is that you will be able to acquire good companions here.

Individuals who attend masses are individuals of faith and when they see that you are doing things for the church, they're going to like you and attempt to connect with you. Individuals who are active in church acquire more invitations to weddings and additional festivities, which is a good method to encounter new individuals who may be friends.

#### **Go To Social Gatherings**

Have you been asked to attend a social function that you're planning on skipping? Do not do that. Go wherever you're asked to go. These are the places where a few individuals recognize you and where you've got an opportunity to get introduced to numerous more unknown individuals. Next time you receive an invite; do not turn it down nonchalantly.

#### **Build Friendships Online**

There are countless social networking web sites where you are able to build friendships. Facebook <a href="http://www.facebook.com">http://www.facebook.com</a>, MySpace <a href="http://www.myspace.com">http://www.myspace.com</a>,

Friendster<http://www.friendster.com> are just a few sites that spring to mind. These are websites where you are able to discover likeminded individuals and communicate with them.

You are able to construct groups, message them directly, speak with them and possibly even meet them in person if it's possible and if you determine they're correct for you. There are a few setbacks here; like you can't meet the individuals in their flesh and blood at least at the start and that you are required to contain some knowledge of using the Internet. However, this is the fresh trend that individuals are using to meet fresh individuals and build friendly relationships

### Chapter 3:

Beginning Friendships with New Individuals - The Beginning Step to a Possible Friendship

## **Synopsis**

So now you're meeting new individuals. You may now be wondering how to begin communicating with them?



#### A Crucial Step In Attracting Friends

The following step in drawing in friends is most crucial. You've started meeting individuals, in reality; you do discover many individuals with your common interests all around you. In all likelihood each and every one of them is a possible future friend. But, now the job is yours to approach these individuals. You've got to break the ice with these individuals, as we say.

This is a complicated task, especially when you consider the fact that the first impression is the only impression that counts. If you begin on an incorrect foot, it is not likely to bode well.

Be at ease. First off, do not take this so seriously. Think of what would occur if your friendly relationship does strike a chord. You're going to share the most intimate information with one another, in all likelihood. You're going to be really comfortable hanging out with one another. Envision that in your mind. Now, that helps you to be a great deal more surefooted about meeting this individual, doesn't it?

You do not want to set about making friends with an individual at the improper time. If you see that they're busy, it is not the proper time. But if they're waiting unaccompanied, or even if they're with a group of friends that they're comfortable with, it may be a great time to attempt to make friends with them.

Be really, really nonchalant. Do not pretend to do anything; simply be who you truly are. Ask if you are able to join them first off, and you'll be almost surely invited. Do not plan on any speech beforehand. Allow it to simply flow.

The most beneficial technique to start a conversation is to provide just one casual remark about what's occurring. "The class went too long, didn't it?", "It is a great time of the year, I think", "Do you agree with that?", and so forth, are great openers.

Do not start with impertinent questions such as, "Why are you here?" and "Who is it that you are waiting for?" Be tactful. Be general. Do not speak about yourself excessively.

This question is simply an approach. When you ask your initial question, the individual will almost surely reply, but it's the weight of the responses that should be your determining factor. Is the response short, nearly to the point of rude?

That signifies the individual does not appreciate your presence. Move elsewhere. Is the response friendly, only not concerned? That signifies the individual has something else in their mind instead of speaking to you at the time.

Politely excuse yourself and hold back for a different time for them. Is the individual really enthusiastic about your presence and provides you a very elaborate response, asking some questions of their own? You've succeeded then, take part in good conversation with them.

Once you meet a new individual, your jitteriness lasts just a single question. Once you've made your initial comment, the reply sets you instantly at ease, whether it's positive or negative.

If it's positive, you become more comfortable speaking with that individual and if it's negative, you will be able to easily excuse yourself and search for friends elsewhere. Therefore, it's no big deal really. Breaking the ice isn't much of an issue.

### Chapter 4:

### Watering the Sapling of Your Friendship Fern

# **Synopsis**

Friendly relationships, like a fragile plant, are required to be nurtured.



#### **Nurture Your Friendship**

The beginning couple of days of your fresh friendly relationship will in reality determine whether your friendship will survive eternally or will fade away. Now, friendships may occur automatically, but if you would like them to survive eternally, you've got to contribute some efforts.

It is a great deal like a potted sapling. It's really little and fragile at the time. You've got to water it, provide it suitable fertilizer, place it in gentle sunshine, and so forth so that it prospers.

Even with friendly relationships, you've got to do a few things. This starts with your first meeting with the individual itself, the 'breaking the ice' part. When you've discovered an individual you like, make certain that you open up an opportunity to meet them again. If it's a class or club, you do not need to need be concerned, since you know they'll be there again. But occasionally friendships occur in the most unusual places, such as waiting for a taxi, for instance.

When you meet individuals in such uncertain places, you might confining the conversation by providing your name. They'll probably reciprocate by providing theirs. Then, supply them your number or ask if they'd like to meet you someplace, like in a cafe, for some casual chatter. You should probably arrange this for the weekend. This is a significant step, since here is where their true interest in you is shown.

Even if you're meeting somebody at a typical place, make certain you do not come on too hard on them. Let some 'opportunity' conversations occur between you, and chances to meet will come

about. Such as, you may accompany on their trip home or even take a detour for a meal someplace.

Long-lasting friendly relationships are those that begin on the correct foot. We have already noted on that, but this will be crucial throughout your initial days. It's courteous to listen. Keep everything that they say in mind. Recollect their name, what they do, where they live, the individuals that they discuss, and so on. You might not recognize how significant a great memory is for a persistent friendship. If you remember matters about them during your successive visits, matters are likely to be much better.

Do not sell yourself excessively. You may be eager in making this individual like you, but do not distribute an excessive amount of information about yourself. Allow your topics to flow. Talk in relation to what they're talking about. Do not produce topics from the wind, just as fillers. That causes the outing to be boring.

As well, do not be overly pushy initially. If you've met somewhere, do not be over greedy for an additional outing very soon. Get the proper feeling from them first. If they're eager to meet you once again, plan on a nearer date. Or best, ask them to suggest when you'd meet again. You'll truly have it made if you ask them to bring their additional friends along the next time. That makes it concrete in their mind that you like them for what they are.

### **Chapter 5:**

Taking It Further

# **Synopsis**

Now that your friendly relationship is nearly constructed, it's time to try out new things.



#### **Advancing Your Friendship to Higher Levels**

The one matter that truly reinforces friendly relationships, or any type of relationship for that matter, is when you conduct activities together. Why are many individuals nearest to their families? Because they've gone through common experiences together.

They've done special activities with one another, even if it's simply a Christmas dinner. They've got things in common they discuss, they've got inside jokes, and they've been to certain places with one another. They've even cried and wept with one another.

You'll discover that as you share more experiences with individuals, you become nearer to them. It surely works in friendly relationships as well. Haven't you heard of the saying - friends through thick and thin?

Now that you've slightly grown to know one another better, you need to attempt to do these 'fresh' shared experiences with one another. The rule of the thumb is that there's constantly something in common between two individuals, however distant they may appear on the exterior. It might be anything - love for food, enjoyment of films, or even a passion for tennis.

Your initial conversations will tell you what they enjoy doing. Then you will be able to make plans for it. If you enjoy taking trips, attempt to make a plan for visiting a nearby holiday place, maybe trek there if you would like. It's constantly interesting if you are able to get other individuals to join you, because you may feel more at ease in company.

Plan out these fresh events more frequently. If there is a new eatery in town that everybody is discussing, go check it out. You've got to purchase new clothes for yourself, ask the individual to come with you to the store.

Have you received some great news? Share it with them. You'll discover you always receive reciprocation for such acts. These short times of togetherness will as well provide you fun time to talk with one another and get to know one another better.

Keep in mind that reciprocation is crucial here. If you invite your new companion for something, they need to invite you as well. If they do so initially, you've got to reciprocate.

If either of you doesn't reciprocate, something is wrong. You might need to work more at getting to know one another. Perhaps do littler things first, such as having a meal with one another, and then try for larger things. If the reciprocation part flounders, the thing that's likely missing is that you're trying too hard. Go slower.

### **Wrapping Up**

You've just been provided everything you should know about acquiring friends... everything from meeting individuals for the first time to having them remain with you forever.

...As well as many other great tips for making new friendships.

Have a great time, live life to the fullest!!!